

en

LA MASSANA

Come and find out more!

GUIDE **2021**

#SUMMER

“The roots of this parish and the strength of this country lie in its people”

Raimon Díaz Mariño



LA MASSANA

#01 mountains
of emotions

#02 is culture

#03 is nature

#04 is for children

#05 is adventure

#06 is relaxation

#07 is flavour

#08 is fun

#09 is a party

PÀG.

4

6

9

12

14

17

18

20

31

CONTENTS



#01

La Massana, mountains of emotions

La Massana, **located at an altitude of 1,250 metres**, combines the most characteristic aspects of traditional Andorra with a highly innovative range of leisure and culture activities.

It's an ideal place for **enjoying nature with your family or friends** and it hosts a modern tourist and cultural complex that contrasts with the more traditional buildings.

If you're staying in La Massana, you'll be able to enjoy this gastronomic and commercial wealth. La Massana also offer visitors different ways of enjoying and getting to know the parish's museums, nature, gastronomy, culture and entertainment.

In summer the tourist activities are never-ending, with **all kinds of outdoor activities, including horse riding, hiking, climbing, via ferrata, cycling, quad biking, fishing and golf.**



#02

La Massana is culture

Touring the Northern Valleys will give you the opportunity to enjoy a true artistic and cultural legacy. Many civilisations have passed through our lands and each of them has made its mark. La Massana offers visitors a **broad cultural panorama** ranging from its Romanesque legacy, with beautiful medieval churches and bridges, to highly original museums.

You'll find **different expressions of art** in Arinsal, Anyós, Sispony and L'Aldosa, including churches, museums and house-museums that you can visit. You can also tour the parish of La Massana and enjoy its local festivals and traditions.

If you begin to explore the culture that exists in La Massana, you'll find **great treasures from history** such as the Hostal Palanques, the home and stop-off point for World War II refugees, the **orris (drystone huts)**



> Storm in a teacup,
Dennis Oppenheim (Coll de la Botella-Pal)

in **Montmantell** in Comapedrosa Natural Park, prominent elements of the construction of our rural natural landscape, as well as numerous other sights.

If you are into Romanesque architecture and traditional towns, you'll have a great time visiting **Pal** and its amazing rustic buildings, as well as the church at its very heart.

If you like comics, the **La Massana Comic Museum in the town centre** is ideal for discovering the classics and their production processes with your family.



THE CHARM OF THE TOWNS

town by town · PARL'APP



Find out more about Parl'App, an application that enables you to discover the magical towns close by and useful information about each of them, such as their curiosities, monuments, museums and much more.

>MUSEUMS

Casa Rull Museum, Farga Rossell - Iron Interpretation Centre, La Massana Comic Museum and CIC (Comapedrosa Interpretation Centre).

>CHURCHES

Sant Climent (Pal), Sant Cristòfol (Anyós), Sant Andreu (Arinsal), Sant Andreu del Prat del Campanar (Arinsal), Sant Romà (Erts), Sant Joan (Sispony), Sant Ermengol (L'Aldosa), Sant Antoni de la Grella (La Massana), Sant Iscle and Santa Victòria (La Massana).

>BRIDGES

Sant Antoni de la Grella.

>SCULPTURES

Storm in a teacup, Dennis Oppenheim (Coll de la Botella-Pal). *Els Passadors*, Dolors Novellas (La Massana). *La Fita*, Joan Canal (Alt de Comapedrosa).

>ICONIC BUILDINGS

Hostal Palanques. Buildings in El Quart d'Anyós, Sispony and Arinsal.


>DRY STONE

www.primerapedra.com




PARISH MUSEUMS

- >> Casa Rull Museum in Sispony
- >> Farga Rossell – Iron Interpretation Centre in La Massana

 Tuesdays to Saturdays: from 10:00 am to 2:00 pm and 3:00 pm to 6:00 pm
Sundays: from 10:00 am to 2:00 pm

 **From €5.00**

 Guided tours

 www.museus.ad



GUIDED TOURIST BUS

FROM 1 JUNE TO 31 OCTOBER

**GET CARRIED AWAY BY
CHARMING PLACES!**



The Andorran Tourist Bus is probably the most convenient way of seeing the main sights in our country. In La Massana we propose three themed routes with different guiding threads, including Romanesque art, traditions and trades. Naturally, they all have a common landscape, as everywhere in Andorra reveals panoramic views with a unique beauty.

 Make your booking at the La Massana tourist information office.

#03

La Massana is nature



COMAPEDROSA
Parc Natural

COMAPEDROSA NATURAL PARK

Comapedrosa Natural Park is located in the village of Arinsal, in the north-west of the country. The protected area is 1,542.6 ha (15.42 km²) in size. **The summit of Comapedrosa (2,942 m) is the highest peak in Andorra** and the views are spectacular.

The main attraction in this protected area is **the imposing high mountain landscape**, dominated by Comapedrosa, the Andorran giant, from which the park takes its name, as well as the lakes, waterfalls and springs. The network of trails and shelters will allow you to go on a large number of excursions.

Discover the most extreme part of the country!

www.comapedrosa.ad 

Comapedrosa Interpretation Centre

Ctra. d'Arinsal, 58 · Edifici del Quart PB

AD400 Arinsal – La Massana

Summer opening hours: Tuesdays to

Saturdays from 8:30 am to 1:30 pm and
3:00 pm to 5:00 pm

Sundays from 8:30 am to 1:30 pm

Comapedrosa Lodge

Accommodation and gastronomy

www.refugicomapedrosa.ad

Information centre in Comapedrosa Nature Park

Parking at the entrance to the Natural Park

Open July and August

Summer opening hours: from 8:00 am to
2:00 pm Closed Tuesdays





ON FOOT

La Massana shares the same character of the towns of the Pyrenees; it's dynamic and open. It invites you to enjoy your free time walking, playing, learning or simply celebrating life.

A good way of getting to know the parish, its historical and natural heritage and its secluded spots is to go hiking. La Massana offers a wide range of easy and average-difficulty mountain trails. **Discover the many options on offer:**

Throughout life, **the Camí Ral** has determined the temperament of the most remote parishes of Andorra. The fully signposted and fairly flat Camí Ral will involve having to cross the river several times, always across stone bridges such as the medieval Sant Antoni de la Grella Bridge.

Stroll through La Massana! We recommend four easy routes for people who are not regular hikers but still want to see more of nature.

You can purchase a **map of the Northern Valleys**, on which you'll find a total of 40 paths to discover the fauna, flora, lakes, rivers, huts, Romanesque architecture, remains of the steel industry and the most amazing landscapes. The paths are divided into three levels according to their degree of difficulty.

From Cube to Cube around La Massana! These are five itineraries designed for families where trades, livestock, biodiversity, dry stone and the forest are waiting to be discovered. To complete each itinerary you have to follow the totems in the form of cubes, each placed in a strategic location. Ask for your passport at the La Massana information points!

Athletes looking for new challenges and new milestones will enjoy the numerous **Trail Running** itineraries in the parish. La Massana has a wide range of circuits for runners.





#04

La Massana is for children

With children's fun in mind, La Massana offers many activities for the little ones.

Vallnord Pal - Arinsal is a true paradise for the kids, it's the Mountain Park of the Pyrenees! (Page 14)

In Pal you'll find the **Menairons forest**, a flat and circular path that's ideal for families, thus encouraging the imagination of the youngest. Venture into the enchanted forest and enjoy an environment full of magic, ingenuity and countless games!



You may not have heard of the mythological creatures known as **tamarros**, or maybe you have. Either way, you now have the chance to find them and help them. These naughty elves, half legend and half popular imagination, live in their own world. As far as we know, there are at least seven in Andorra. They're very hard to see and they move around a lot! As well as the above difficulties, we should add that they only come out of their world when we need them.

Find the Massa, the tamarro of La Massana!

While searching for the Massa, you can **save the Serenalla lizard** (page 27).

To end the day, discover the **Prat Gran Children's Park**. A park with numerous fully outdoor facilities set with the famous The Triplets! Be careful, a little mouse is hiding in the park. Will you be able to find it?

Each year this large landscaped area - one of the green lungs of the centre of La Massana - hosts the **Serenalla Market** (page 25)

#05

La Massana is adventure



VALLNORD PAL ARINSAL

In summer, the ski resorts swap winter sports for a wide range of options: **zip lines, jumping, inflatables, playgrounds** and much more. Vallnord Pal-Arinsal is the authentic Mountain Park of the Pyrenees. The most demanding tourists will find a wide variety of activities in La Massana!

The **Vallnord Bike Park** is a magnificent park that extends over more than 40km² with an internationally renowned track that's hosted important competitions in the world of mountain biking. **You have to enjoy it!**

www.vallnordpalarinsal.com 



ON TWO WHEELS

Have the time of your life with your bike and enjoy all the places that Andorra has to offer. In La Massana you'll find countless routes and paths along which you can get away from it all and enjoy nature. **Vallnord Bike Park La Massana** is one of the most renowned mountain biking centres in Europe and one of the main attractions for a summer of adventure and fun. You can also take part in the recently established mountain bike routes: Font del Mallol and Setúria-Os de Civís.

Cycling is followed with great passion in Andorra. There are up to 21 mountain passes in the Principality! Collada de Beixalís, Estació d'Arinsal, Estació de Pal and Port de Cabús are the passes in La Massana that will make you feel like a true champion as you enjoy all the natural beauty of Andorra.

A new feature you'll find in Arinsal is Les Berques d'Arinsal!




LES BERQUES D'ARINSAL
Unique in Andorra

A place for cyclists where they can fully enjoy this sport: a pump track for bicycles, skates and scooters, a bike trial area, a dirt-jump area, a BMX circuit and a cross-country area.




MUCH MORE!



La Massana has two **climbing areas** where you can enjoy the purest kind of nature. Take note... On the Camí Ral you'll find the one in Sant Antoni de la Grella, with two sectors (18 routes - difficulty: 5a to 7c) and, in the village of Erts, there's El Roc de la Coma, with climbing routes (15 routes - difficulty: 4 to 6a) and a **via ferrata** with quite demanding and highly spectacular aerial sections.

If you drive through La Massana, you'll enjoy the views offered by the **lookout points** spread around the parish. We should highlight the lookout points of El Coll de la Botella, El Font de Besurt and La Roca de la Sabina.

Don't forget to **take a selfie** in El Coll de la Botella, the bridge of Sant Antoni and the church of Sant Cristòfol d'Anyós in Les Fontetes, very close to the Tourist Information Office and next to the Tamarro Massa.

Pitch & Putt is a healthy outdoor sport. In the village of Xixerella you can play this sport in a natural environment while you enjoy yourself and relax. www.xixerellapark.com 

During the summer, Andorra is one of the most popular destinations for **angling enthusiasts** in a mountain environment. Enjoy the Arinsal river and the lakes in Comapedrosa Natural Park: Forcats, Montmantell and Les Truites.



#06

La Massana is relaxation

A healthy body and a happy mind! Relaxation and body care is what you'll find in the **wellness spaces** of the hotels in La Massana:

Hotel Rutllan

Av. del Ravell, 3 · AD400 La Massana
Tel. (+376) 738 738
www.hotelrutllan.com

Abba Xalet Suites Hotel

Terra Major de Sispony
Sispony · AD400 La Massana
Tel. (+376) 737 300
www.abbahoteles.com

Hotel Princesa Parc

Ctra. d'Arinsal
Arinsal · AD400 La Massana
Tel. (+376) 736 400
www.hotelprincesaparc.com

AnyósPark

Ctra. d'Anyós, 8
Anyós · AD400 La Massana
Tel. (+376) 737 173
www.anyospark.com



#07

La Massana is flavour

Food's a pleasure in La Massana. The range of gastronomy in La Massana is wide and varied. **More than 50 restaurants** offer visitors the very best Andorran and international cuisine.

LOCAL PRODUCERS



If you like good food and you come to the parish of La Massana, you shouldn't forget to **visit our local producers**. They'll offer you their best local products, explain how they make them and show you their workshops.

Come and enjoy the flavours, textures and aromas yourself. Taste them!

A unique experience in a rural setting.

*If you're interested in visiting them, it's advisable to book in advance**




Xocland *

Chocolate factory

Av. Sant Antoni, 54

AD400 La Massana

Tel. (+376) 350 322 

esther@xocland.com


www.xocland.com

El Pastador *

Jam production

C/ de la Closa, 3. Casa Joanet

Sispony · AD400 La Massana

Tel. (+376) 353 209 

info@elpastador.com

www.elpastador.com

Casa Raubert *

Cheese making

Escàs · AD400 La Massana

Tel. (+376) 817 600

f.casaraubert@andorra.ad

www.casaraubert.ad

Cervesa Alpha *

A craft beer brewery

El Mas de Ribafeta, Borda Callissa


Arinsal · AD400 La Massana

Tel. (+376) 849 320

alphandorra@gmail.com

Pocions de Lluna nova

Creation of cosmetic products


Tel. (+376) 334 204 

info@pocionsdellunanova.com

www.pocionsdellunanova.com

Capricho de Luna

Artisanal soap production

Tel. (+376) 350 505 

uncaprichodeluna@gmail.com

www.uncaprichodeluna.com

Adrimar *

Adrimar Therapeutic Centre and vegetable production

Av. del Jovell 18, Borda Jovell

Sispony · AD400 La Massana

Tel. (+376) 610 426

info@adrimarcentre.com

www.adrimarcentre.com



PRODUCTES AGRÍCOLES
I ARTESANS D'ANDORRA



#08

La Massana is fun

The summer in La Massana brings different experiences from Monday to Sunday to enable visitors to enjoy the natural environment in the parish. **A varied programme of activities** for a summer full of experiences and emotions. There is something to suit everyone, both children and adults

WHAT YOU CAN'T MISS









➤ GUIDED OUTINGS ON HORSEBACK AROUND COMAPEDROSA NATURAL PARK

Enjoy a **unique experience in the Pyrenees**: a horseback ride up to the incredible cirque glacier in Pla de l'Estany at an altitude of 2,200 m!

Getting to the Pla de l'Estany in Comapedrosa Natural Park on horseback is an activity that's so popular that it takes place every summer!

	From 1/7 to 31/8
	Daily departures at 10:30 am and 3:30 pm.
	Stand next to Prat Sobirans Car Park (Comapedrosa Natural Park - Arinsal)
	From 9 years of age

€ €40



COMAPEDROSA
Parc Natural

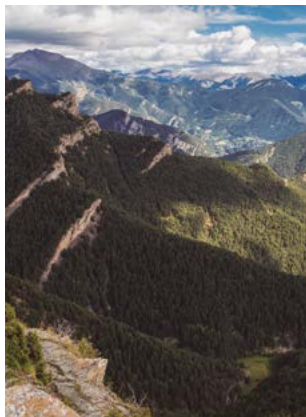
#08

21

➤ GUIDED EXCURSIONS AROUND THE FOOTHILLS

Enjoy the clean summer air with the **daily excursions** we offer. Our mountain guides offer a personalised service for small groups and guarantee a great atmosphere!

There are different levels of difficulty but we guarantee that you'll make wonderful discoveries in each of them and learn about the secrets of the forests and the mountains around us.



>MONDAYS

Les Bordes de Cardemeller. One of the most enjoyable tours for families. Discover the Pal landscape populated by forests and vegetation typical of the sub-alpine ecosystem in Les Bordes de Cardemeller.



320 m



5 km



easy/medium



9.30 am



Pal Car Park

>TUESDAY

The cirque glacier in Pla de l'Estany. Comapedrosa natural park.

This outing is one of the most refreshing during the warmer months. Climb through the lush forest of Comapedrosa Natural Park until you reach the Pla de l'Estany cirque glacier valley at an altitude of 2,200 m!



525 m



6 km



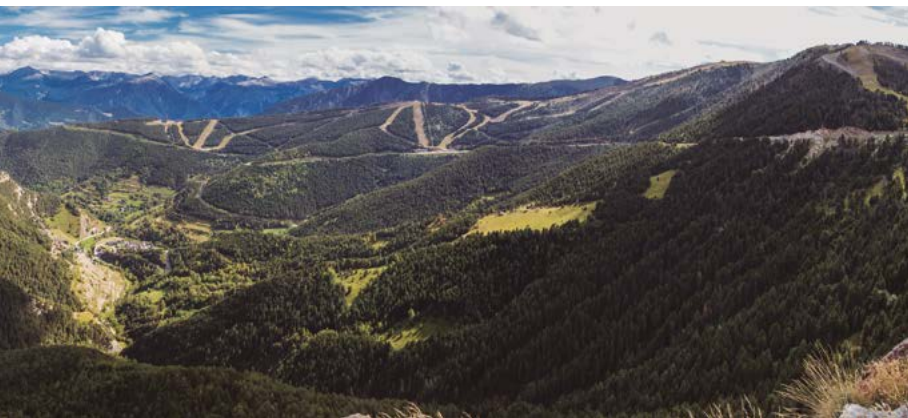
average difficulty



9.30 am



Booth in Comapedrosa Natural Park



>WEDNESDAY

L'Anella Verda. The eastern slope of La Massana (the parish balcony) showcases open spaces with gentle slopes and meadows with interwoven small mountain trails and urban paths. Don't be fooled; this is one of the most popular circular paths among the inhabitants of La Massana and it's one of the jewels of the parish.



250 m



8 km



easy/medium



9.30 am



La Massana Tourist Information Office

>THURSDAY

Bordes de Percanela. Comapedrosa Natural Park is one of the country's protected natural areas. Fly over the valley and the town of Arinsal and see the human footprint left by the agriculture and livestock and the high-mountain farmhouses made of dry stone.



300 m



3.5 km



average difficulty



9.30 am



Comapedrosa Interpretation Centre



>FRIDAY

El Roc de la Cauba lookout point. Enter the forest of El Jou, a protective and magical place with red pines nourished by wild fruits until you reach El Roc de la Cauba. A breath-taking lookout point over the Valley of La Massana and its towns.



550 m



8 km



average difficulty



9.30 am



Bus stop. The village of Erts



>SATURDAY

Pic dels Llacs. The fantastic peak on the border between Andorra and Catalonia will take your breath away. You'll climb up to 2,692 m and enjoy spectacular views from this rocky triangle.



400 m



4 km



average difficulty



9.30 am



Port de Cabús

>SUNDAY

Coll de Turer. The gentle relief of this route from Arinsal through the Galliner forest to Coll de Turer will give you the opportunity to enjoy a fantastic panoramic view of the town of Pal and the surrounding area.



250 m



7 km



easy/medium



9.30 am



Stand in Comapedrosa Natural Park





➤ OUTDOOR YOGA

It's summer and, more than any other time, the warm temperatures encourage us to seek nature and find a place where we can **enjoy the sunshine and the stillness** of the landscapes and, why not, practice outdoor yoga! In La Massana we offer guided outdoor yoga lessons in **July and August**.

€ €5

🕒 Saturdays, from 9:30 am to 11:00 am

📍 Prat Gran

Make your reservations at the Tourist information office in la Massana.



➤ THE SERENALLA MARKET 📷

The Serenalla Market offers you the chance to discover **the latest trends for leading a healthier life** that's full of originality and creativity. A space with a recreational air where the exhibitors and general public can exchange ideas, sensations and numerous experiences.

El Prat Gran in La Massana is transformed into a small village with a wide variety of stalls where you'll find natural cosmetics, the latest trends in fashion and jewellery and original decorative items. Feel free to take part in the creativity workshops organised for children and adults and rest in the shade of the trees in the park. You can enjoy the excellent food trucks, which offer a **wide range of dishes made with natural local products**.



NEW!

➤ THE SMUGGLERS - ESCAPE

A **hectic outdoor game** based on Escape Room during which, with the aid of the materials that the players will find in a case, the history of the Smugglers of La Massana will be revealed.

Length of the activity: 90 minutes
12 years and older. (minors accompanied by an adult).

€ €20 per group

Make your reservations at the Tourist information office in la Massana.


NEW!

➤ BORIS I, KING OF ANDORRA - ESCAPE

The new Arinsal outdoor Escape is a unique experience that will take you back to a very curious point in the history of Andorra. For 60 minutes you have to make use of logic, your powers of observation and teamwork, tackling all kinds of riddles with the ultimate goal of solving the puzzle that's presented to you. A game based on real events. Will you be able to change history?

Length of the activity: 90 minutes
Length of the game: 60 minutes
10 years of age and older (minors accompanied by an adult).

€ 5 or more people: €20/pax
4 people: €25/pax
3 people: €34/pax
2 people: €50/pax

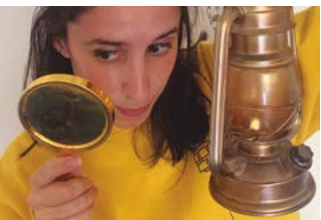
Book at: www.escapeandorra.com
Tel. (+376) 379 107 o (+376) 355 451 

SAVE THE SERENALLA: TREASURE HUNT IN THE PARK

NEW!

The Comapedrosa Natural Park treasure hunt is one of the most effective, practical and entertaining tools for finding out a bit about the Comapedrosa valleys. Although the game is designed for children, adults can also take part! Will you be able to save the Serenella lizard?





➤ SUMMER EXPERIENCES!

NEW!

The parish of La Massana is an inexhaustible source of adventures and experiences that will test your adrenaline. “If you don’t climb a mountain, you’ll never be able to enjoy the landscape”, said Pablo Neruda.

Do you agree? We suggest you climb up to the peaks of L’Alt de Comapedrosa, Roca Entravessada, Medacorba, Sanfons and Pla de l’Estany with **Xavi Bonatti**, our certified guide. He also organises guided hiking tours to the lodge in Comapedrosa where you can learn more about the flora and fauna in the area.

If what you want is a circular trip to discover one of the country’s most iconic cirque glacier valleys, we propose the route to El Pla de l’Estany in Comapedrosa Natural Park with **Gil Riba**, the guide from **100% Natura**.

You can also get closer to nature in a different and enjoyable way with a quad or 4x4 outing with **Gicafer nature experience**.

If you prefer to enjoy nature and the sounds and silence with all your senses, we recommend a health bath or an open-air meditation session with **Bianca Meeuwissen from My World of experiences**.

If you enjoy games and mental challenges, the activity offered by **Laura Quiñones from Cocoroom** is just for you. Two different puzzles that will put your ingenuity to the test.




Ask for more information and check out the prices at the La Massana Tourist Information Office.

Massana activity companies

Xavi Bonatti


Mountain guide

Tel. (+376) 338 198 

info@xavibonatti.com

Isards Wildland

Mountain guide, MTB and via ferrata

Tel. (+376) 653 769 

info@i-wildland.com

100% Natura

Mountain guide

Tel. (+376) 345 705

natura100and@hotmail.com

Experiencia en muntanya

Mountain guide


Tel. (+376) 847 888

experienciamuntanya@andorra.ad

www.experienciamuntanya.com

MTB Aventures


Mountain guide and MTB

Tel. (+376) 342 850 

mtbaventures@gmail.com

CM Experience

Mountain guide and MTB


Tel. (+376) 355 131 

info@cm-experience.com

www.cm-experience.com

My world of experiences

Outdoor wellness activities


Tel. (+376) 322 379 

info@my-woe.com

www.myworldofexperiences.com

Gicafer nature experience

Quad and 4x4 routes

Tel. (+376) 611 841 

info.gicafer@andorra.ad

www.gicafer.com

Club hípic l'Aldosa

Horse and pony rides

Tel. (+376) 837 329


gilou@andorra.ad

www.hipica-aldosa.com

Cocoroom

Escape room

Av. Sant Antoni, 48

Tel. (+376) 607 337 

andorra@cocoroom.es

www.cocoroom.es/andorra/



➤ OUTDOOR SWIMMING POOLS

The pool - Hotel Marco Polo

Camf Ral. la Massana.

Open to the public. With a bar and terrace.



From 19 June to 29 August



Everyday from 10am to 7.30pm



€10 Adults. 12 years of age and older.

€6 Children from 4 to 11 years old.

Free Children up to 3 years of age.

Season tickets (2 months):

€150 Adult season

€90 Children's season

#09

La Massana is a party

- | | | |
|-----------|----|--|
| >JANUARY | 17 | Sant Antoni |
| >JUNE | 24 | Saint John's Eve
Sispony Local Festival |
| | 26 | Pal Local Festival |
| >JULY | 10 | Sant Cristòfol
Anyós Local Festival |
| | 11 | Roser de La Massana |
| | 18 | Erts Local Festival |
| >AUGUST | 8 | L'Aldosa Local Festival |
| | 16 | Sant Roc |
| | 22 | Arinsal Local Festival |
| >NOVEMBER | 30 | Sant Andreu |






La Massana

 TOURIST OFFICE

Plaça de les Fontetes

Tel. (+376) 835 693

Tel. (+376) 608 724 

turisme@comumassana.ad

www.lamassana.ad

